

The Ruby-Throated Hummingbird - 60-Second – Captioned for the Visually Impaired

MUSIC: "HINTERLAND WHO'S WHO" THEME

ANNOUNCER: (V.O.):

The ruby-throated hummingbird is a welcome summer visitor to backyards across most of Southern Canada.

[Ruby-Throated Hummingbird flying near a flower]

One of our smallest birds, the hummingbird weighs less than a nickel, but has been known to eat 14 times its own weight in one day. Its tiny nest, made of cobwebs and lichen, is about the size of a toonie, and it's made to look like a tree knot.

[Host showing her hands with a Ruby-Throated Hummingbird nest and a toonie in it]

This amazing little bird is truly unique because it can fly up, down, backwards, and it can hover with wing beats of up to 75 per second, faster than your eye can see.

[Ruby-Throated Hummingbird flying]

To attract these colourful little birds to your backyard, plant a garden. The hummingbirds will feed on the flower nectar and the insects. And that's just a start.

To find out more about the ruby-throated hummingbird and other wildlife, visit hww.ca.